

XIV. RELAY RUN OF DISABLED PEOPLE ACROSS EUROPE

PLANNED ROUTE !

**SAN MARINO – ITALY – CROATIA – BOSNIA HERZEGOVINA – MONTENEGRO –
ALBANIA – FYRO MACEDONIA – GREECE**

A CROSS

(San Marino) - San Giovanni Rotondo – Dubrovnik – Medugorie – Mostar
– Tirana – Termopile – Delfy – Olympia – Sparta – Kalamata

MAY 2012

Stage 0 – San Marino – Park Laiala	030/30 km
Stage 1 – San Giovanni Rotondo – Bari (I)	130/50 km
Stage 0 – Bari (I) – Dubrownik (HR)	prom
Stage 2 – Dubrownik – Metković (HR)	110/40 km
Stage 3 – Metković (HR) – Medugorie (BiH) – Mostar	060/50 km
Stage 4 – Mostar (BiH) – Dubrovnik (HR)	140/60 km
Stage 5 – Dubrovnik – Kotor (MNE)	070/40 km
Stage 6 – Kotor – Bar	060/40 km
Stage 7 – Bar (MNE) – Shkodra (AL) – Lezhë (AL)	100/40 km
Stage 8 – Lezhë – Tirana – Elbasan	110/50 km
Stage 9 – Elbasan (AL) – Ohrid (MK)	090/40 km
Stage 10 – Ohrid – Kastoria (GR)	160/50 km
Stage 11 – Kastoria – Litochoron (Olimp)	200/ 50 km
Stage 12 – Olimp – Delfy	190/40 km
Stage 13 – Delfy – Olimpia	270/40 km
Stage 14 – Olympia – Kalamata	120/60 km

Total days: 15

Total: 1.840 km.

Run cá 700 km

Ferries :

1). Bari – Dubrovnik 12 hours

2). Patras – Venice (home way) 36 hours

Green colour – interesting places

- 1). San Marino – first republic of world
- 2). S. Giovanni di R. – Sanctuary Padre Pio
- 3). Medugorie – Sanctuary Holly Mother
- 4). Mostar – historic Turkish bridge
- 5). Kotor – historic town
- 6). Lezhë – Mauzoleum of Skanderbega
- 7). Ohrid – historic town
- 8). Olimp - Mountain of Greek Gods
- 9). Delfi – ancient oracle
- 10). Olimpia – ancient olimpic stadium
- 11). Kalamata – the last Greek town on Peloponnese